

What to Bring

In order to have the best possible experience at the 2019 Conference, we suggest that teachers and students bring the following items:

Students

- Reusable Water Bottle:** We will have plastic water bottles available on-site. However, if you have a reusable water bottle handy, it will allow everyone to more easily identify their drinks and to cut down on plastic waste.
- PAL® Gear:** Please feel free to dress up in your best PAL® spirit attire!
- Comfortable Shoes:** We will be staying physically active and participating in fun, challenging activities.
- Money for Snacks:** Chips, candy, Gatorade, and sodas will be available for purchase during opening session, Friday's dance, and all-day Saturday.

Teachers

In addition to the items above, we suggest that teachers also bring the following:

- Student Roster:** Annotated and updated each day for students in attendance.
- Photography Release Forms:** For all of your students in attendance. Please double check that you have one for each student. If not have a photo release form for each student, please contact PAL® Staff for a red "no photos" wristband.
- A Notepad and Pen:** Our teacher's workshops are designed to help you help your students. It may be helpful to have a notepad and pen handy, in case you'd like to jot down any notes!